



baltictainment

baltic [bawl-tik]

of or pertaining to the Baltic States

entertainment [en-ter-teyn-muhnt]

something affording pleasure, diversion
or amusement

by **Con-ex**

**Con-Ex offers you a wide range of suitable products for your travel needs.
Whether it's a meeting, incentive, conference or other event,
you can be sure that Con-Ex will offer the best possible solutions.**

Why Con-Ex? We have a strong and motivated team in place to guide you right from the planning stages to the implementation and finally the evaluation phase. You can be assured that we will do everything possible, so that your event will be organised in the most efficient manner. Con-Ex is a member of ICCA since 1997 and a founder member of Inspiration Riga since 2002.

Why baltictainment? 'Baltic' stands for the full service unified corporate events solution across the Baltic states – Estonia, Latvia and Lithuania. 'tainment' comes from the word 'entertainment', that means entertaining your employees, partners and clients through all types of events.

Meetings Con-Ex offers tailored solutions for your meetings, no matter how big or small – we know which venues will be most suitable for your individual needs.

Incentives For Incentives, let our creativity lead you to a diverse and interesting programme. We have a wide selection of activities for you to choose from, but we will tell you from our vast experience which ones we recommend for your particular group.

Conferences Conferences come in all varieties, but Con-Ex has handled many and we know the locations and capacities, so let our experience guide you.

Exhibitions & Events For Exhibitions we also offer a lot of choices. No matter what your event is, we are confident that the perfect solution is just around the corner – and we will do our best to find it for you.



The Charming Trio

Tallinn the oldest capital in Northern Europe, is on the UNESCO World Heritage List as one of the best-preserved medieval old town centres in Europe. Toompea Hill and the towers of Oleviste Church and the Town Hall offer breathtaking views over the Old Town. Take a stroll and explore the streets, have a drink and a bite to eat, go shopping and enjoy the medieval atmosphere of this charming capital of Estonia.

Riga the Capital of Latvia has undergone major transformations since regaining its independence in the early 1990s. You will find the most modern shops, restaurants and facilities in this booming city. Otherwise known as 'Little Paris' it can be said that Riga is much cleaner and safer than its larger counterpart. Stroll through the cobblestone streets of the medieval Old Town, the city's many parks and explore the well-preserved Art Nouveau architecture.

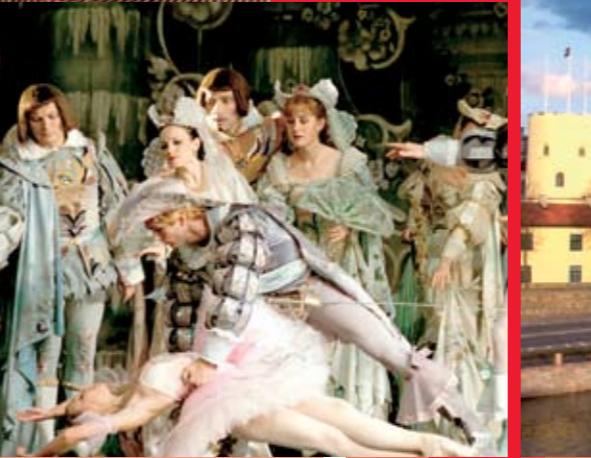
Vilnius the Capital of Lithuania has the largest preserved Old Town in Eastern Europe. Its baroque architecture and quaint streets give you the opportunity to feel like you are in a different world. Napoleon liked St Anne's church so much that he wanted to carry it over to Paris in the palm of his hand! Over the years the city has become a bustling European capital with all the modern facilities one would expect in western Europe, but with that tasteful ingredient – Old World Charm.

Why should you choose the Baltic States?

- easy access from most European cities
- number of directly served destinations is growing rapidly
- the Baltics form the crossroads between East and West
- cities are close to airports, saving you time
- charming and compact city centres
- great selection of hotels and venues, to suit all tastes



Vilnius

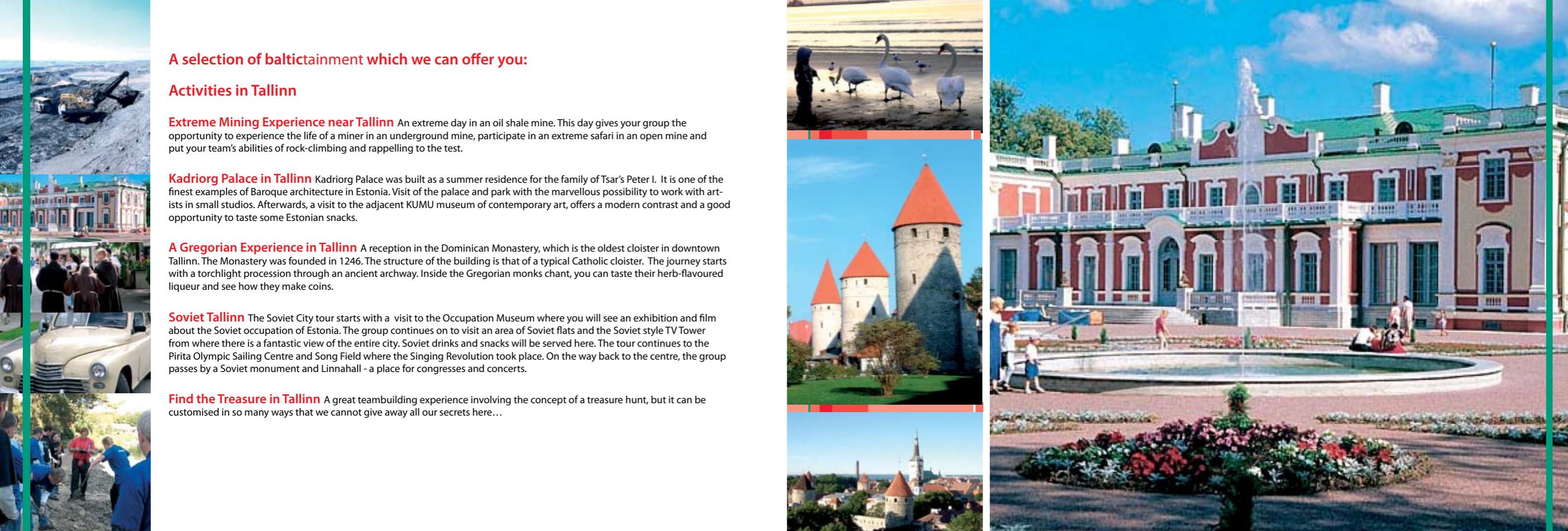


Riga



Tallinn





A selection of baltictainment which we can offer you:

Activities in Tallinn

Extreme Mining Experience near Tallinn An extreme day in an oil shale mine. This day gives your group the opportunity to experience the life of a miner in an underground mine, participate in an extreme safari in an open mine and put your team's abilities of rock-climbing and rappelling to the test.

Kadriorg Palace in Tallinn Kadriorg Palace was built as a summer residence for the family of Tsar's Peter I. It is one of the finest examples of Baroque architecture in Estonia. Visit of the palace and park with the marvellous possibility to work with artists in small studios. Afterwards, a visit to the adjacent KUMU museum of contemporary art, offers a modern contrast and a good opportunity to taste some Estonian snacks.

A Gregorian Experience in Tallinn A reception in the Dominican Monastery, which is the oldest cloister in downtown Tallinn. The Monastery was founded in 1246. The structure of the building is that of a typical Catholic cloister. The journey starts with a torchlight procession through an ancient archway. Inside the Gregorian monks chant, you can taste their herb-flavoured liqueur and see how they make coins.

Soviet Tallinn The Soviet City tour starts with a visit to the Occupation Museum where you will see an exhibition and film about the Soviet occupation of Estonia. The group continues on to visit an area of Soviet flats and the Soviet style TV Tower from where there is a fantastic view of the entire city. Soviet drinks and snacks will be served here. The tour continues to the Pirita Olympic Sailing Centre and Song Field where the Singing Revolution took place. On the way back to the centre, the group passes by a Soviet monument and Linnahall - a place for congresses and concerts.

Find the Treasure in Tallinn A great teambuilding experience involving the concept of a treasure hunt, but it can be customised in so many ways that we cannot give away all our secrets here...



Activities in Estonia

Karaoke on The Baltic Sea If you would like to combine your conference with some entertainment, then an interesting choice is a mini-cruise to Stockholm. The luxury ferry has superb conference facilities and afterwards a tasty dinner, some beer tasting and the grand finale: a karaoke contest!

Find the true meaning of 'Sauna' Have you ever wondered where that nice hot sweating cabin ritual all started? Only 20 km from Tallinn is a special Sauna Village where you will learn all about it and experience a selection of different saunas. We take you on a tour and combine it with a cold dip here and there, as well as some well-deserved cold beers!

Reception of the Baroness Your team pays a visit to one of Estonia's finest manors, where a welcome by the Baroness awaits you. There is a full tour of the entire estate including a lesson from a local blacksmith. Taste the various wines from the cellar and enjoy a fabulous dinner at the manor.

The Otepää Experience For some physical challenges, we dare you to try some of the great activities on offer in Estonia's winter capital Otepää. Skiing, snowboarding and other winter activities await you. But not only in winter, because summertime shows the scenery at its finest and there is a fantastic golf course at your disposal. Golf is also possible in winter!

Escape to Võru Escape the hustle and bustle of the city and pay a visit to the traditional Estonian small town of Võru. Your team can do a tree rope trail, visit the highest point in the Baltics and enjoy a SPA experience in a local hotel. Afterwards, we will take you for a nice lunch or dinner in an authentic tavern and introduce some games.

Disco Night at the Seaside Pärnu is where the Estonians head for sunbathing. But after dark the city's nightlife scene awakens. We will create a special event for you in a disco club with a panoramic view of the Baltic Sea. The bartenders will do a special performance and a cabaret show is arranged exclusively for your group.

Unique in Estonia Did you know that there are over 1500 islands in Estonia? A great opportunity to go kayaking and explore as many islands as possible or face the challenge of a kayaking contest. In winter, when the water between the many islands freezes, it is possible to travel across the country's unique ice-roads!





Activities in Riga

Riga City Rally A unique way to get to know the capital of Latvia and have certain tasks by visiting various stations where police officers from Riga will hand out different tasks to do – either it will be to interview Latvians in the streets of Riga, or to do crosswords about the possible criminal, to look for new evidence, or else...

"Fuel Your Appetite" at the Market Since 1930, Rigans can be proud of having the largest market in the Baltic States and one of the biggest in Europe. It has 5 pavilions that originally were built as zeppelin hangars. One can purchase vegetables, berries, fruit, meat, fish and dairy products, flowers as well as other agricultural products that are widely offered by local farmers in pavilions and at the market's open area. You will be taken along the many stands where you can sample the many specialities of Latvian cuisine!

Jeep Safari in Riga An exciting incentive product that really gets a team working together, builds trust and encourages creativity. Take a Jeep and follow the most modern version of a treasure trail in a challenging way. What to do? How to do it? Where to find it? Your success is dependent on your team's effort, but not without some occasional hints from your team leader and a bucket load of fun. Ever driven a Jeep whilst blindfolded? The memories are captured on memory stick throughout this truly amazing adventure – so it won't let you forget it and you certainly wouldn't want to! Also available in Tallinn & Vilnius.

Experience Latvian Country Life The Riga Ethnographic Open-air museum is one of the oldest open-air museums in Europe. The museum consists of some 90 traditional rural buildings: farmhouses, windmills, fishermen's huts and churches that have been assembled from the four provinces of Latvia. Not only a breath of fresh air, but a real interesting experience awaits you here. Different craftsmen such as weavers, blacksmiths, wood carvers, potters, and apiculturists creating their masterpieces make the experience all the more enjoyable.

Be a Barman Let's go to barman school and learn how to make those top cocktails! The whole team will be trained how to make and serve cocktails, whilst having the entire bar at your exclusive disposal. After your training your creative skills can be put to the test in creating your own cocktail menu. Don't worry, of course there will be a chance to taste your creations!





Activities in Latvia

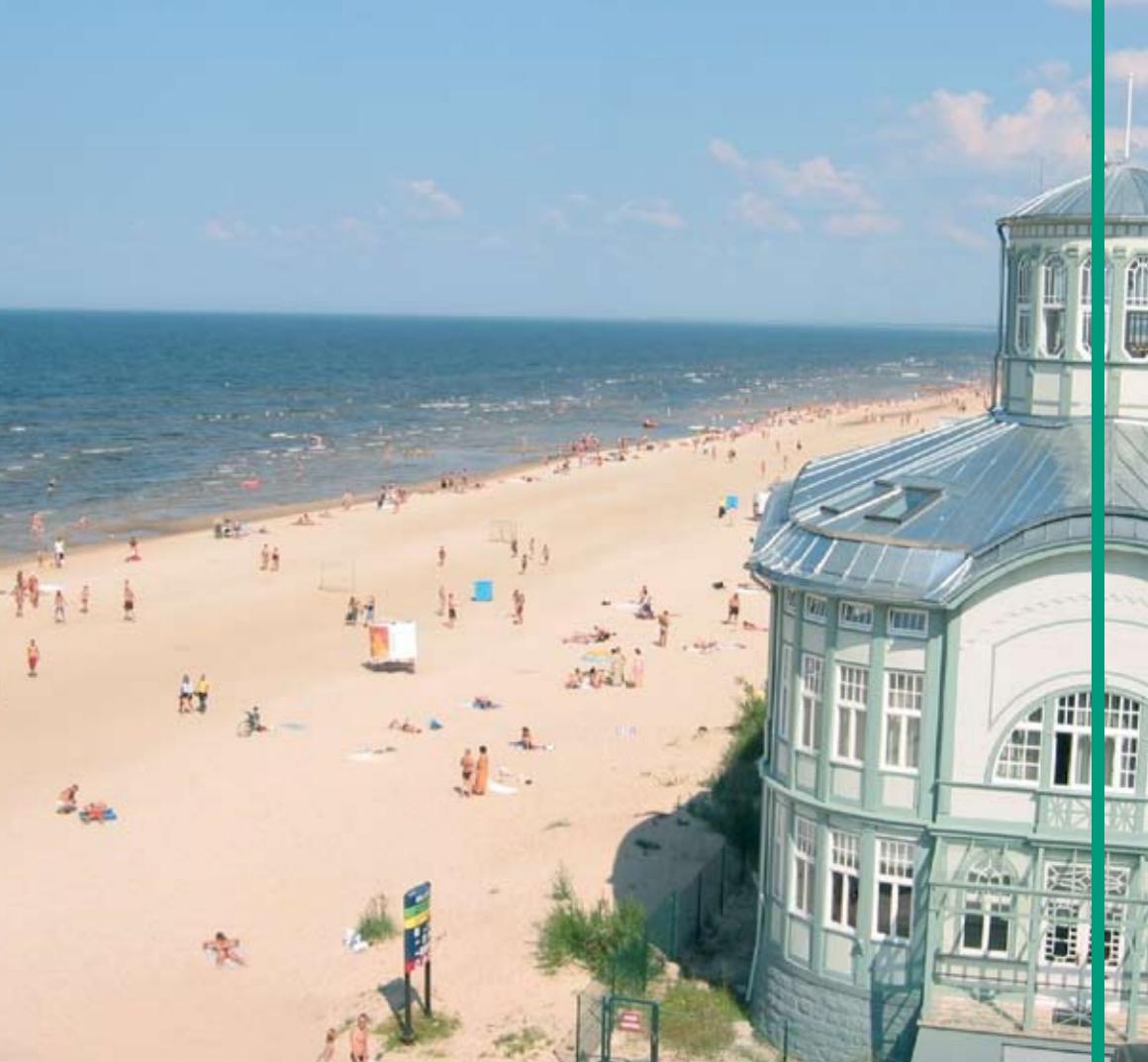
"Wild Cat" Adventure This adventure will challenge your personal boundaries in the Latvian treetops. The park consists of obstacle tracks constructed in growing trees. The tracks are placed in various heights and you need to move around using cables, ropes, wooden suspension bridges, winding stairs and rope swings. All visitors are equipped with safety harnesses before challenging the 46 obstacles distributed in four different tracks placed between 2 and 17 meters above the ground. A real chance for you to be the 'Wild Cat' and prove yourself!

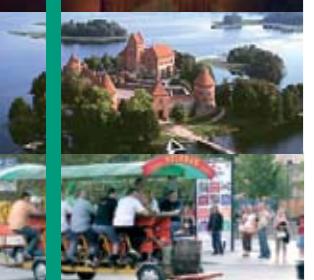
Rodelling and "The Bob" Take a journey to the most scenic area of Latvia, also known as 'Little Switzerland' and experience some fast decent! A modern rodelling track and a world-champion bobsleigh track await you. Take the real bob for speeds over 110 km/h or the softer version for a 70 km/h experience. Perfect opportunities to create that adrenaline rush and show how brave you really are!

Take to the skies and "Fly like a bird" Aerodium is the free flight simulator – the first wind tunnel in Eastern Europe. It challenges you to break the rules of gravity, set your spirit free and fly. Here starts the adventure! All visitors are provided with the necessary equipment (goggles, special apparel, helmet, gloves) in order to make the flight safe and enjoyable. During the flight an instructor is always near in case any assistance is needed. Before the flight a short training is given to those who fly for the first time.

Escape from the USSR Work as a team to cross a number of obstacles, find a friend who is not able to get to safety alone and get them and your team to safety at the submarine. The team works on the principle of "all for one and one for all!" The most important thing about the game is teamwork, helping one another and providing a shoulder to those in need. In the Soviet border zone it is vital to be silent and move unnoticed and in secrecy. If one of the team members is noticed by a border guard, an alarm will sound and the operation will be considered a failure and incomplete.

Boat trip to Jurmala The well-known resort town of Latvia possessing 150-years-old resort traditions, occupies approximately one-tenth part of the coastal line. Here fresh sea wind will fill people's lungs and make them dizzy with the smell of pines, the eyes will rest in the blue of the sea, the feet will sink in the soft golden sand...





Activities in Vilnius

Vilnius Art Tour Doors of galleries and workshops will be opened exclusively to your group – unique weaving techniques, jewellery making, modern painting and ecological black ceramics will be introduced to you by the most prominent Lithuanian artists.

A Medieval Experience at Trakai Castle Trakai, the ancient capital of Lithuania, is located 28 km west of Vilnius. Nestled on the island of Lake Galve, Trakai Castle is the only insular castle throughout Eastern Europe. Here you will be taken back to the 14th century with a Medieval Feast with some extras such as a show of knighthood tournament, medieval dances, a witty joker and maybe even a fire show!

The Velobar in Vilnius Have you ever seen a strange looking contraption making its way through the streets of Vilnius old town? Well, it's a bicycle bar! Every 'cyclist' can sit down and drink some tasty beer served by your own bicycle bar tender, but of course it is necessary to pedal. If everyone pedals together, it is possible to reach a speed of 6 km/h and of course you will stand out from the crowd.

Paparazzi Night in Vilnius This event takes place in a venue that we can rent exclusively for you! But who will you be? The stars or the paparazzi? You can choose, but remember your roles carefully – a star must look good and the paparazzi must do everything possible to catch them 'in the act' and capture those moments on camera to satisfy the editor!

Play Golf in The 'Middle of Europe' Have you ever wondered where the geographical centre of Europe is located? Well, it's here in Lithuania and it's where you will find one of Europe's finest golf centres. Experience a golf training session followed by a tournament and a tasty meal at the golf club restaurant. Afterwards enjoy a visit to the Europe Centre Monument with some games to challenge your geographical skills!





Activities in Lithuania

Soviet Lithuania A trip back to the Soviet times. Visit the famous Grutas Park – a swampy, gulag like setting deep in the pine forest, where statues of Soviet idols and entertainment of Soviet times will give everyone a remarkable experience. Marching pioneers, Lenin and food in metal plates are an inseparable part of Soviet period heritage.

"Back to School" in Klaipeda Do you remember those typical school tours when you were a child? Well now that you are a full grown adult, you are given the exciting opportunity to relive those years! Start with a visit to the dolphinarium – find the fish and make pictures of them. Next is a bus trip to Europe's finest lagoon for some sand games and to search for that famous Baltic amber. Your poetry skills will be tested, but you will be pleasantly rewarded with an "I scream feast"!

Spa Experience in Druskininkai Druskininkai has been a SPA resort for more than 200 years. In 2003 Newsweek magazine included Druskininkai in the list of Europe's top ten health resorts and announced it the best balneological resort in Europe. Fresh air, extremely beautiful nature and modern spas are just the right combination for a relaxing form of baltictainment!

Let your taste buds guide you to the Zeppelin House A great team-building event where everyone is introduced to Lithuanian cuisine. Zeppelins (cepelinas) is a national dish, but the task is to learn as much as possible about it. Finding the restaurants where it is served and actually eating this dish will bring you steps closer to finding the Zeppelin House!

Shopping Mania –vs– Skating Fania Your first task is to find as many items as possible from a shopping list. Don't worry, because this event takes place in Lithuania's largest shopping centre; just remember to pack your walking shoes! Having completed the first task, it's time to put your skates on, because when you finally find the correct place, your skills will be put to the test!

Rural Picnic in Rumsiske Rumsiske is an Open Air Ethnographic Museum that gives you a great insight into Lithuanian life through the ages. But your tour guide will be a blacksmith or some other interesting person and you can be sure that this will not be 'just a tour'! Activities are followed by a traditional picnic.

